



Dublin Family Night

Thursday, April 21, 2016

Spend Time Together As A Family!

The goal of Family Night is to encourage families to take the evening to focus on each other and spend time together as a family in whatever way works for you and yours! Some of the researched benefits of spending time together on a regular basis as a family include: Increased academic success, risk-reduction for substance abuse, behavioral problems, violence, obesity, and strengthening your family's bond.

Our hope is that you will continue to make time for each other in meaningful ways throughout the year and use this evening as a kick-off! Please see below for suggested ideas on ways to connect and spend time together.

Time together doesn't have to be hard to plan. Here are some ideas to get you started!

Game On: Play your child's favorite game!

Family Memories: Look through old photos or videos together.

Family Service: Plan a family community service project.

Get Fit: Take a walk, run, or bike ride together. Head out to the park and play!

Dinner Together: Plan a meal and cook it together (or take advantage of some of the offers below!)

Be Creative: Create an art project, or do a craft together.

Dublin Parks and Rec. Ideas (Check out the hyperlinks to learn more):

- Hike through Dublin's parks and learn as you go. <http://dublinohiousa.gov/nature/nature-scamenger-hunts/>
- Fish Dublin's ponds and catch the big one (remember you don't have to have a fishing license to fish a Dublin Park pond). <http://dublinohiousa.gov/parks-open-space/Dublin-parks/>
- Destination riding...choose a park and get there by bicycle. <http://dublinohiousa.gov/bicycling-in-dublin/>
- Letterbox or Geocache along the beautiful Scioto river. <http://www.dublinarts.org/VisualArts/Riverboxes.aspx>

Dublin Library Come by the Dublin Library to join Stinger's Reading Team. There's plenty of time to score a Hat Trick with Stinger's Reading Team! The Columbus Metropolitan Library has partnered with the Columbus Blue Jackets so that students in your family can earn great Blue Jackets prizes just by reading. Families can stop by the Dublin Library to learn about resources for doing school work and getting homework help. Learn about library eBooks, emagazines, movies, and TV online.

Subway at the Dublin Recreation Center Buy any six inch and get a six inch free of equal or lesser value. No other purchase required. Excludes Supremes and monthly specials, double meat and extra cheese. Valid only at the Dublin Subway located inside the DCRC, 5600 Post Road.

Goldfish Swim School (6175 Shamrock Ct. Dublin) We will be happy to give each family that brings in a printed flyer a Family Swim Pass, which admits the whole family, to use for one of our Family Swim times, which are Monday – Thursday from Noon to 1:00 PM and Friday's from 6:30 – 8:00 PM.

Dell's Homemade Ice Cream and Coffee (9345 Dublin Road. Shawnee Hills) Come to Dell's and pretend like it's 1980. Leave your iPhone and other devices and have some good family fun. If you are a Dublin student when you buy one scoop at Dell's homemade, small batch ice cream, get your second scoop free.

Family Night at Chick-fil-A (Sawmill Location Only) It will be our pleasure at Chick-fil-A on Sawmill to serve you on "Dublin's Family Night". Kids 11 years and under can enjoy a FREE kids meal with any additional purchase, 5-8pm dine in-only. Enjoy the conversation at your table and our "no cell phone coop" challenge with a sweet reward at the end.

Tommy's Pizza (Dublin) 10% discount: Dine-in only. 4279 W. Dublin Grandville Road location only.

Giant Eagle Market District (6700 Perimeter Loop Rd. Dublin, OH 43017 location only) Family Night at Giant Eagle Market District from 4pm-8pm. Kids under 12 will eat free with each adult meal purchase of \$5 or more. Must bring flyer for discount. Choose from favorites including subs and chicken fingers on our Market District kid's menu.

Jason's Deli One complimentary Kids Meal with the purchase of each adult meal (dine-in only 4-9 PM; please bring or mention flyer). Free ice cream with any dine-in purchase everyday! 225 W Bridge St, Dublin, OH 43017 location only.

Dublin Recreation Center Community Open Swim from 4:30 - 8:40 p.m. Residents will still need to purchase a day pass if they are not a current Rec. Center member. The cost is \$4.00 for Adults and \$3.00 for Children with proof of residency. Nonresidents: Adults \$8.00 and Children \$4.00.

Please join us at a P.E.R.C. planning meeting

P.E.R.C. Meets the third Wednesday of the month during the school year at Dublin School's Central Office beginning at 9:30 am.

Our next meetings will be April 20th and May 18th

2016 Family Night brought
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